



# SINGAPORE DRAGON BOAT FESTIVAL

Singapore Nationals

**DATE: 13<sup>th</sup> and 14<sup>th</sup> JULY 2019**

**VENUE: BEDOK RESERVOIR**

Organized By:

SINGAPORE DRAGON BOAT ASSOCIATION  
PEOPLE'S ASSOCIATION, WATER-VENTURE  
CIVIL SERVICE CLUB

Supported By:

PUBLIC UTILITIES BOARD  
NATIONAL PARKS BOARD

## ENTRY RULES

The Entry Rules is to be read in conjunction with SDBA's Competition Regulations and Rules of Racing. Unless otherwise stated in this Entry Rules, SDBF 2019 will be governed by SDBA's Competition Regulations and Rules of Racing. For any matter arising not found in the SDBA's Competition Regulations and Rules of Racing, it will be referred to IDBF Competition Regulations and Rules of Racing.

## GLOSSARY

The reader will find the following common terms in this document: -

1. **'CR&RR'** refers to IDBF Competition Regulations (CR) and Rules of Racing (RR)
2. **'DB12'** refers to the Small 12-crew dragon boat.
3. **'DB22'** refers to the Standard 22-crew dragon boat
4. **'GST'** refers to Singapore's Goods & Services Tax
5. **'PFD'** refers to Personal Floatation Device
6. **'Racing Category'** refers to the type of race governed by the qualifying regulations that determines the eligibility of the participant for the SDBF, i.e. National, Tertiary, POL-ITE, etc.
7. **'Racing Class'** refers to the discrimination of the type of race into specific gender eligibility, i.e. Men racing class, Women racing class, Mixed racing class, etc.
8. **'Racing Division'** refers to the discrimination of the type of race into specific age group and/or special type/classification of participants eligible to participate in the DBSMR. 'Racing Divisions' are a further detail breakdown of 'Racing Category', i.e. National Premier, National Senior 'A', PA GRO, PA Intergeneration, etc.
9. **'SDBA'** refers to the "Singapore Dragon Boat Association", the National Sport Association and governing authority for the sport of dragon boat in Singapore

**THE SDBF 2019 EVENT MAY BE SUBJECTED TO ANTI-DOPING TESTS**

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## 1 RACING DAYS

- i. Race Day I: Saturday 13<sup>th</sup> June 2019
- ii. Race Day II: Sunday 14<sup>th</sup> June 2019.

## 2 RACING CATEGORY

The following categories shall be race in the SDBF. Slots refers to the cap imposed on the number of maximum teams or crew, permissible for each racing division

### 2.1 Race Day I

s/n	Boat	Category	Division	Class	Cap
1	DB22	National	Premier	Mixed	30
2	DB12	National	Senior "A"	Mixed	12
3	DB22	International Business Community		Open	12
4	DB12	International Business Community		Women	12
5	DB22	Tertiary		Men	12
6	DB22	Tertiary		Mixed	12
7	DB12	Tertiary		Women	12
8	DB12	Public Service		Men	12
9	DB12	Public Service		Mixed	18
10	DB12	Public Service	Active Agers	Open	6
11	DB12	PA	GRO	Open	18

### 2.2 Race Day II

s/n	Boat	Category	Division	Class	Cap
1	DB22	National	Premier	Open	30
2	DB12	National	Premier	Women	24
3	DB22	International Business Community		Mixed	12
4	DB22	POL-ITE		Men	6
5	DB22	POL-ITE		Mixed	6
6	DB12	POL-ITE		Women	6
7	DB22	Public Service		Open	6
8	DB12	Public Service		Women	12
9	DB12	Public Service	Senior	Mixed	6
10	DB12	PA	GRO	Mixed	18
11	DB12	PA - 200m	Inter Generation	Mixed	12
12	DB12	BCF - 200m		Open	6
13	DB22	PM Cup		Men	6
14	DB22	PM Cup		Women	6

- 2.3 SDBA reserve the right to accept and/or allocate available slots of each racing division

### 3 ELIGIBILITY

- 3.1 SDBA reserve the exclusive right to amend the criterion and conditions set, including the possibility of cancellation of a particular race category, to better organize and manage the event.

<p>National Premier - DB22 Open - DB22 Mixed - DB12 Women</p>	<ul style="list-style-type: none"> <li>• For SDBA affiliates only</li> <li>• <b><i>Each Team can only register one(1) racing crew per racing class</i></b></li> </ul>
<p>National Senior "A" - DB12 Mixed</p>	<ul style="list-style-type: none"> <li>• For SDBA affiliates only</li> <li>• The crew member must be minimum forty(40) years old and above in the competition year</li> <li>• Exception is given for the Drummer and Steersperson</li> <li>• <b><i>Each Team can only register one(1) racing crew per racing class</i></b></li> </ul>
<p>International Business Community - DB22 Open - DB22 Mixed - DB22 Women</p>	<ul style="list-style-type: none"> <li>• For teams registered with the International Dragon Boat Community (IDBC)</li> <li>• IDBC administrative rules and regulations shall apply</li> <li>• A Male steersperson is permitted for the Women racing class. This shall supercede ER 4.4</li> <li>• <b><i>Each Team may register up to two(2) racing crews per racing class</i></b></li> </ul>
<p>Tertiary - DB22 Men - DB22 Mixed - DB12 Women</p>	<ul style="list-style-type: none"> <li>• For Universities, Polytechnics and Institute of Technical Education (ITE)</li> <li>• Exception is made for the Steersperson who may not necessarily be a student or staff from The Tertiary Institution. The Tertiary Institution is therefore permitted to engage the services of an external Steersperson (classified as someone not organic to The Tertiary Institution's student roster or staff strength). <i>Note that in 2020, The Tertiary Institution is required to use a Steersperson who must be a student from The Tertiary Institution</i></li> <li>• A Male steersperson is permitted for the Women racing class. This shall supercede ER 4.4</li> <li>• The Crew, shall at the time of registration, be a registered and/or matriculated student of The Tertiary Institution, in the competition year.</li> <li>• Final year students (i.e. students in their last respective school year such as "Year 5" or equivalent, etc.) whose last examination, paper, internship, industrial attachment and/or end of course falls within the competition year, is permitted to</li> </ul>

	<p>represent The Tertiary Institution.</p> <ul style="list-style-type: none"> <li>The Crew will be required to produce their student passes (or equivalent) on demand as confirmation/proof of their eligibilities of the said Tertiary Institution. <u>Alternatively, a letter from The Tertiary Institution may also suffice.</u></li> <li><b>Each Tertiary Institution can only register one(1) racing crew per racing class</b></li> </ul>
<p>POL-ITE - DB22 Men - DB22 Mixed - DB12 Women</p>	<ul style="list-style-type: none"> <li>For the Polytechnics and Institute of Technical Education (ITE)</li> <li>The Crew, shall at the time of registration, be a current student within the competition year.</li> <li>The Crew will be required to produce their student passes (or equivalent) on demand as confirmation/proof of their eligibilities of the said institution. <u>Alternatively, a letter from The POL-ITE Institutions may also suffice.</u></li> <li>Exception is made for the Steersperson who may not necessarily be a student or staff from The POL-ITE Institution. The POL-ITE Institution is therefore permitted to engage the services of an external Steersperson (classified as someone not organic to The POL-ITE Institution's student roster or staff strength). <i>Note that in 2020, The POL-ITE Institution is required to use a Steersperson who must be a student from The POL-ITE Institution</i></li> <li>A Male steersperson is permitted for the Women racing class. This shall supercede ER 4.4</li> <li><b>Each POL-ITE Institution can only register one(1) racing crew per racing class</b></li> </ul>
<p>PA GRO - DB12 Open - DB12 Mixed (Refer to Annex A)</p>	<ul style="list-style-type: none"> <li>Please refer to Annex A: PA Races</li> <li>Participating Teams must belong to a grassroots organization (GRO), i.e. Eunosc CSC, etc.</li> <li><b>Each PA GRO Team can only register one(1) racing crew per racing class</b></li> </ul>
<p>PA Intergeneration - 200m DB12 Mixed (Refer to Annex A)</p>	<ul style="list-style-type: none"> <li>Please refer to Annex A: PA Races</li> <li>This is a 200m race, utilizing Float Start method</li> <li><b>Each PA GRO Team can only register one(1) racing crew per racing class</b></li> </ul>
<p>Public Service - DB22 Open - DB12 Men - DB12 Mixed - DB12 Women - DB12 Senior</p>	<ul style="list-style-type: none"> <li>Please refer to Annex B: Public Service Races</li> <li>Participating Teams must also comply with the rules and regulations of the Public Service STAR Games</li> <li>The Public Service events are open to all civil servants, public service officers serving in Statutory Boards, Restructured</li> </ul>

<p>Mixed          - DB12 Active          Agers Open  <i>(Refer to Annex B)</i></p>	<p>Hospitals and Government-Aided Schools as well as staff from former Statutory Boards who are registered with Civil Service Club.</p> <ul style="list-style-type: none"> <li>• All paddlers in the team must be civil servants or public officers at the time of submission of the Confirmation of Participation Form and at the time of the Race.</li> <li>• The following personnel shall not be eligible to participate in this event:             <ul style="list-style-type: none"> <li>a) Public Officers who have represented Singapore (including those as Reserves) in SEA Games, Asian Games, Commonwealth Games or Olympic Games during the current year and past two years;</li> <li>b) Public Officers who earn their living as professional athletes for clubs, etc. during the current and past two years; and</li> <li>c) Full-time National Servicemen</li> </ul> </li> <li>• <b><u>Each Public Service Team may register up to two(2) racing crews in each race division and class</u></b></li> </ul>
<p>BCF          - 200m DB12          Open</p>	<ul style="list-style-type: none"> <li>• This is a 200m race, utilizing float start method</li> <li>• Participating teams shall be from the Breast Cancer Foundation</li> <li>• <b>Maximum no of racing crew is six (6)</b></li> </ul>
<p>PM Cup          - DB22 Men          - DB22 Women</p>	<ul style="list-style-type: none"> <li>• For Universities only</li> <li>• The Crew, shall at the time of registration, be a registered and/or matriculated student of the University, in the competition year.</li> <li>• Exception is made for the Steersperson who may not necessarily be a student or staff from the University. The University is therefore permitted to engage the services of an external Steersperson (classified as someone not organic to the University's student roster or staff strength). <i>Note that in 2020, the University is required to use a Steersperson who must be a student from the University</i></li> <li>• A Male steersperson is permitted for the Women racing class. This shall supercede ER 4.4</li> <li>• A student that has been accepted by the University but has not yet commence their study term and/or classes, is permitted to represent the University PROVIDED the student is matriculated within the competition year</li> <li>• Final year students (i.e. students in their last respective school year such as "Year 5" or equivalent, etc.) whose last examination, paper, internship, industrial attachment and/or end of course falls within the competition year, is permitted to represent the University.</li> </ul>

	<ul style="list-style-type: none"> <li>• Full-time, Part-time and Exchange Students on short term exchange program are permitted to represent the institution.</li> <li>• The Crew will be required to produce their student passes (or equivalent) on demand as confirmation/proof of their eligibilities of the said school/institution. <u>Alternatively, a letter from the Institution may also suffice.</u></li> <li>• In the event of doubt and uncertainty over the validity of the student, the matter will be referred to the Singapore University Sport Council</li> <li>• <b><i>Each University can only register one(1) racing crew per racing class</i></b></li> </ul>
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## 4 CREW COMPOSITION

### 4.1 Minimum Age to Race

Minimum age to race is twelve(12) years old but must be accompanied, inside the dragon boat, by a parent or a responsible adult appointed by the parent and must wear a PFD (CR 2.1)

### 4.2 Open Racing Class

No restriction on gender or crew composition for Paddlers, Steersperson, Drummer, Coach and Reserves. (CR 2.1.1)

### 4.3 Men Racing Class

The Paddlers, Steersperson, Drummer and Reserves must be **ALL-MEN**:

- a. Exception is made for the Coach and Team Manager.
- b. But if the Coach is to double as an athlete, the Coach must be a Man.

### 4.4 Women Racing Class

The Paddlers, Steersperson, Drummer and Reserves must be **ALL-WOMEN** (CR 2.1.2):

- a. Exception is made for the Coach and Team Manager.
- b. But if the Coach is to double as an athlete, the Coach must be a Woman.

### 4.5 Mixed Racing Class

a. For DB22 Mixed categories (CR 2.1.3):

- i. The racing crew must consist of a minimum of eight (8) and a maximum of ten (10) of each gender.
- ii. The minimum number of paddlers allowed to race in the DB22 Mixed category is eighteen (18) paddlers
- iii. The permissible gender ratio:-
  - minimum 10 males : 8 females
  - minimum 8 males : 10 females
  - maximum 10 males : 10 females



- b. For the DB12 Mixed categories (CR 2.1.3):
- i. The racing crew must consist of a minimum of four (4) and a maximum of five (5) of each gender.
  - ii. The minimum number of paddlers allowed to race in the DB12 Mixed category is eight (8) paddlers
  - iii. The permissible gender ratio:-
    - minimum 4 males : 4 females
    - maximum 5 males : 5 females
- c. In the Mixed racing class, the drummer and steersman can be of any gender and are not affected by the gender-ratio requirement.

#### 4.6 Standard 22-Crew Racing Boat (DB22)

- a. Athletes (“the racing crew”) shall consist of a minimum of eighteen (18) and a maximum of twenty (20) Paddlers ; one (1) Steerer and one (1) Drummer:-
- i. Minimum of twenty(20) Racers (18 paddlers + 1 drummer + 1 steerer)
  - ii. Maximum total of twenty-two (22) Racers (20 paddlers + 1 drummer + 1 steerer)
  - iii. Up to four (4) Reserve Paddlers may also be nominated for a Crew for the grand total of twenty-six (26) registered Racers (CR 3.1.a).
- b. The Team should consider having another crew member from the twenty (20) paddlers, one(1) drummer and/or four (4) reserves that can also function as a “reserved steersperson” that can replace the primary steersperson at any time.
- c. Team Officials shall consist of one (1) Team Manager and/or one (1) Coach up to a maximum of two (2) team officials.
- d. Twenty-six (26) medals will be given to winning teams.

#### 4.7 Small 12-Crew Racing Boat (DB12)

- a. Athletes (“the racing crew”) shall consist of ten (10) paddlers; one (1) Steerer and one (1) Drummer:-
- i. Minimum of twelve (12) Racers (10 paddlers + 1 drummer + 1 steerer)
  - ii. Up to two (2) Reserve Paddlers may also be nominated for a Crew for the grand total of fourteen (14) registered Racers (CR 3.1.b).
- b. The Team should consider having another crew member from the ten (10) paddlers, one (1) drummer and/or two (2) reserves that can also function as a “reserved steersperson” that can replace the primary steersperson at any time.
- c. Team Officials shall consist of one(1) Team Manager and/or one(1) Coach up to a maximum of 2 team officials.
- d. Fourteen (14) medals will be given to winning teams.

#### 4.8 Representation under Different Teams

This is NOT PERMITTED. The same person cannot be registered under different Teams within the same racing division

*i.e. Mr X cannot represent Team A as well as Team B in the National Premier Open, etc.*

#### 4.9 Representation under Different Crews

This is NOT PERMITTED. In a case that a Team registered 2 crews in a same racing division, the racing crew line-up (athletes + reserves + drummer + steersperson) cannot be replicated for both crews

*i.e. Crew 1 must comprise of a different set of people from Crew 2, etc.*

#### 4.10 Steersperson

- a. All Steerspersons from Singapore teams must have the SDBA Provisional Accreditation Letter as minimum requirement.
- b. Steerspersons are warned to avoid collisions and stay within own course/lane at any time. Disregard for or infringement of any safety rule will lead to disciplinary action and/or disqualification for the team, time penalty may also apply.
- c. Teams that do not have their own resident Steersperson are advised to engage a qualified Steersperson on their own accord before race day.
- d. When engaging a qualified Steersperson, please be informed that a clash of the Steersperson's schedule is possible. Teams are expected to manage the potential clash of schedule and back-to-back races.

#### 4.11 Attire & Uniform

All teams are required to be in same jersey/uniform/attire (i.e. same colour, design, etc.). Rash guards, compression-wear and all types of bottoms (i.e. shorts, tights, etc.) are exempted.

## 5 AVAILABLE TO RACE

- 5.1 The Team and/or Crew is responsible to make sure that they are ready to race and all their racing crew members are accounted for (i.e. racers, drummer and steersperson, etc.), once they have been called upon to report to the Boat Marshall
- 5.2 It is incumbent upon Teams to manage their own respective crew(s) and that they have sufficient number of Racers (paddlers + drummer + steersperson + reserves) for all the categories that the Team has registered in.
- 5.3 Teams are advised that back-to-back races are possible. The Race Officials shall not allow for waiting time or concession to permit a Team that has Back-to-Back races to be ready for their next event.
- 5.4 Upon the expiry of the prescribed calling time and the Team is still not ready, the Chief Boat Marshall will declare the said team as a 'no show' and will advise the Chief Starter to start the race without the said team.

- 5.5 The status of the said team will then be listed as “DID NOT START” and the team will forfeit progression to the next level.

## 6 RACE COURSE & DISTANCE

### 6.1 Racing Distance

The racing distance of the SDBF 2019 is a straight-course 500m except:-

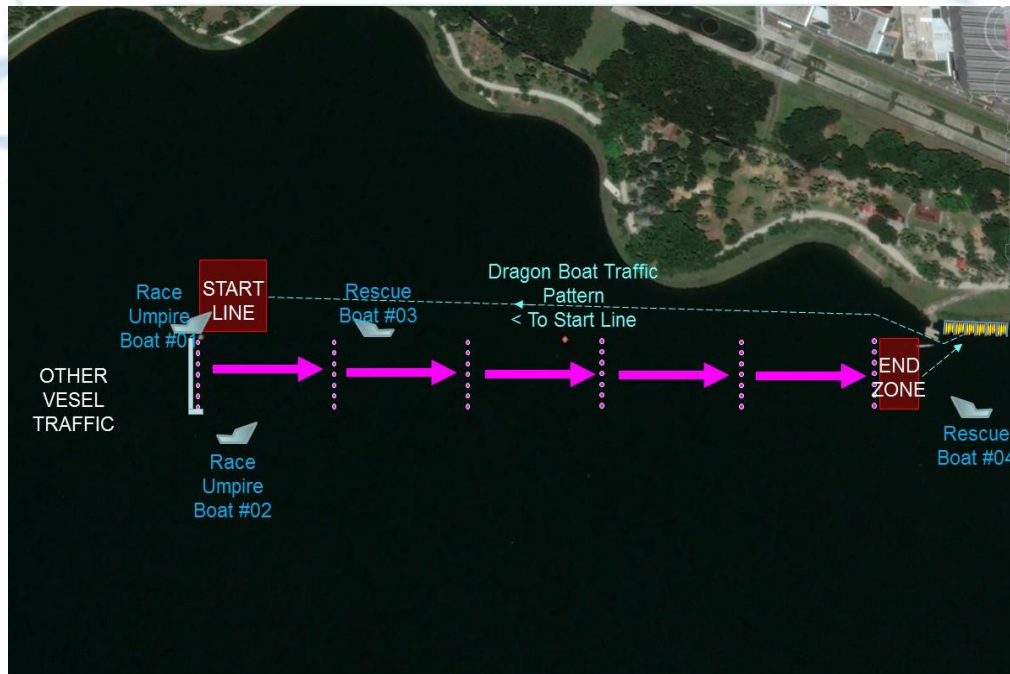
- a. 1,000m for Prime Minister (PM) Cup
- b. 200m for PA Inter-Generation
- c. 200m for BCF race

### 6.2 Race Course

- a. The race course is at Bedok Reservoir.
- b. The racing course is a straight stretch of water, marked by clearly visible buoys placed in a straight line at intervals down the length of the race course.
- c. The Start shall be at right angles to the Racing Lanes. The Start shall be the “hold-on dragon boat tail” from a Start Pontoon.
- d. The Finish shall be at right angles to the Racing Lanes. The Finish shall be marked by a flag at the outer limits of Lane 6.

### 6.3 Racing Lanes

- a. The number of lanes for the race course is six (6). Lane one (1) shall be the lane nearest to the location of the Finish Line Judges.
- b. Each racing lane shall be minimum 10m wide.





## 6 TENTATIVE RACE PROGRAMME

Refer to attached Tentative Race Program documents

## 7 RACE PROGRESSION FORMAT

7.1 Designated lane allocation system used will be as follows:-

- i. Fastest : Lane 3
- ii. 2nd Fastest : Lane 4
- iii. 3rd Fastest : Lane 2
- iv. 4th Fastest : Lane 5
- v. 5th Fastest : Lane 1
- vi. 6th Fastest : Lane 6

7.2 Heat winners will automatically qualify for the next higher level and ranked according to their timings for their lane allocation in the next higher level.

7.3 All other finishers (after the Heat winners), will be ranked according to their overall timing, regardless of their finish position in the entire race division, in order to determine their Repechage lane allocation.  
*E.g. The 3rd place team in Heat 2 will qualify for the next round if the team is faster than the 2nd place team in Heat 1 etc.*

### 7.4 Repechage

Teams in the Repechage will be ranked accordingly to their overall timings to determine qualification to the next higher level.

*E.g. The 3rd place team in Repechage 2 will qualify to the next round if their timing is faster than the 1st place team in Repechage 1 etc.*

7.5 Strictly no withdrawal from Semi-Final onwards. If a team withdrew and/or did not report /did not start the race, the team will be subject to disciplinary action and would be debarred from following year's SRR/SDBF.

### 7.6 Public Service racing category

Shall utilize the Heat direct to Final progression format

*E.g. Winners of Heats 1, 2 & 3 plus 3 Next Fastest, qualifies to Final. The rest shall be eliminated*

7.7 PA Intergeneration racing category  
Shall utilize the Group progression format  
*E.g. Teams in Group 1 and Group 2 Finals will be ranked by time to established order of 1<sup>st</sup> to 3<sup>rd</sup>*

7.8 Rounds  
Categories will six(6) or less no of participating teams shall utilize the Rounds format  
*E.g. Timing for Round 1 shall be added to Round 2. Then ranked according to fastest time*

## 8 RACE CANCELLATION

8.1 In the event we need to cancel races to maintain a feasible race timeline, the following races will be cancelled based on the order of priority:-

a. All Repechages

If all of Repechages cannot be completed due to inclement weather, progression to Semi-Finals determined by:

- Heat winners, ranked by their finishing time
- Fastest losers, according to finishing time

b. All Repechages and Semi-Finals

If all of Repechages and Semi-Finals cannot be completed due to inclement weather, progression to Finals determined by:

- Heat winners, ranked by their finishing time
- Fastest losers, according to finishing time

c. All Repechages and Semi-Finals and Final

- Heat winners, ranked by their finishing time
- Fastest losers, according to finishing time

8.2 The Organizer reserves the right to adjust, amend, replace and/or even cancel any part of the race schedule, program or format to suit the new schedule and race conditions due to inclement weather.

## 9 RACE EQUIPMENT

9.1 Personal Floatation Devices (PFD)

- a. The use of ISO 12402-5 Standard and/or Equivalent (i.e. USCG, EU, EN standard, etc.) PFD is compulsory in Singapore. A crew member who is not wearing an ISO 12402-5 standard and/or equivalent (i.e. USCG, EU, EN standards, etc.) PFD will be disqualified for participating in the race.
- b. If Team does not have their own ISO 12402-5 standard and/or equivalent (i.e. USCG, EU, EN standards, etc.) PFD, the Organizer will provide the necessary PFD.

9.2 Dragon Boats and Paddles

- a. The Organizing Committee shall provide all dragon boats, Seagull IDBF 1222 Specification and IDBF 912 Specification dragon boats will be used in The Event. Please visit [www.seagull.com.sg](http://www.seagull.com.sg) for details.
- b. It is the responsibility of the crew to ensure that the dragon boat and its equipment are fully functional and water worthy before departing from boat pontoon.

- c. Boats must be checked before embarking for a race, i.e. condition of seats, steering arm, stability of the drum, etc.
- d. Inform the Boat Marshall, should there be any complaints on the equipment issued
- e. The Organizer shall not be held responsible for any boat or equipment failure once a crew has embarked and race has been started after 50 meters.
- f. Participating teams shall reimburse the Organizing Committee for any damages or losses to the equipment caused by the team concerned.
- g. The Organizing Committee has the right to change the boats depending on the availability and weather conditions.

h. Seagull IDBF-1222

- DB22-crew Standard Boat
- Age : 13 years old
- Length : 12.49m
- Width : 1.17m
- Weight : 250kg



i. Seagull IDBF-912

- DB12-crew Small Boat
- Age : 11 years old
- Length : 9.00m
- Width : 1.16m
- Weight : 150kg



j. Paddles

- i. All teams must provide their own IDBF Spec 202a paddles. The Organizers will provide the paddles to teams which do not have their own IDBF Spec 202a paddles.
- ii. Overseas teams are permitted to bring and use their own IDBF Spec 202a racing paddles.

9.3 Electronic equipment/device

- a. Go Pros/head camera is allowed to be used in the event.
- b. Cadence system is permitted provided the volume does not cause disturbance to other teams. SDBA reserves the right to instruct the Team to remove the cadence system should the volume be found to be disturbing to other teams.

## 10 TEAM MANAGER AND TEAM MANAGEMENT

- a. A Team Manager is compulsory for a Team.
- b. The Team Manager and the Coach CAN BE A COMPETING Racer (paddler, drummer, steersperson or reserve) making up the full DB22 twenty-six (26) or full DB12 fourteen (14) racing crew. However, a Team Representative MUST BE available at The Organizer's request at all times.
- c. It is incumbent on the Team Managers to know and understand the Entry Rules, IDBF CR&RR and Disciplinary Code.
- d. Team Managers are required to understand and comply fully with the Conditions and Eligibility described for each respective racing category set in this Entry Rules.
- e. Only the Team Manager may approach or seek appointment with the Race Officials. Likewise, the Race Officials will only deal with the Team Managers.

## 11 APPLICATION OF ATHLETE CARD

- a. SDBA Athlete Card will be used for SDBF 2019 registration. All Team Manager must apply athlete cards for their team members who do not have SDBA athlete card previously.
- b. Only athlete with a valid SDBA Athlete Card will be permitted to represent the team.
- c. Any amendment to the SDBA Athlete Card can only be made by the Team Manager (i.e. to include an additional team into the SDBA Athlete Card, etc.)
  - i. Teams from Singapore: SDBA Affiliates
    - Team Manager needs to apply new affiliate athlete card type A for the new team member
  - ii. Public Service Teams
    - Existing SDBA affiliate of public service team does not need to apply athlete card
    - Team Manager needs to apply non affiliate athlete card type P for new team member only
  - iii. People's Association Teams
    - Existing SDBA affiliate of People's Association does not need to apply athlete card
    - Team Manager needs to apply non affiliate card type C for new team members
- d. The Athlete Card application period will be closed on **Sunday, 23<sup>rd</sup> June, 2359hrs by the system**. All new athlete card application is free of charge. Reprint of SDBA Athlete Card is subject to \$10 before the above mentioned closing date.
- e. Please approach SDBA if Team Manager needs SDBA Athlete Card Instructions.

## 12 REGISTRATION

- 12.1 **NOTE:** This event will use online automated Form F2 (Team Registration) and Form F3 (Crew List) submission.
- 12.2 **Registration will be closed on Sunday, 29<sup>th</sup> June 2019, 2359hrs by the system.**
- 12.3 Online Form F2 is available at <https://registration.sdba.org.sg>
- Team Managers are required to create Team Manager's profile online. After the profile has been approved by SDBA, the Team Managers should proceed to use an online F2 to register the categories for the team.
  - In case the online registration is not available during the SDBF registration period, SDBA will make announcement to request Team Managers to follow ANNEX C Manual Registration Process accordingly.
- 12.4 Online Form F3 submission
- A new boat marshalling system scans QR code in the athlete card to eliminate the manual checking, therefore, Team Managers must input and maintain the Crew List thru online registration system.
  - Team Manager must ensure the accuracy of the crew list of the respective category that the team has registered. Manual submission of crew list during Team Manager briefing is no longer required.
  - On race day, all athletes must present their athlete cards in front of the boat marshal entrance when the team is called.
  - The boat marshalling system will scan and validate the athlete card from the database where the crew list has been maintained by the Team Manager. If the athlete card number is not inside the crew list of the respective category, the athlete will not be allowed to enter the boat marshal area.
- 12.5 Form F4: Waiver of Liability
- It is incumbent upon the Team Manager to ensure that all the registered team members signed on the document. This will confirm that each registered team member is aware of their respective rights and liabilities.
  - Team Managers are required to submit Form F4 on Race Day before the start of The Team's first race. Failure to submit may render The Team ineligible to compete at all in the SDBF 2019.
  - Document F4 is a legal document so please treat the completion of this form with the utmost seriousness and importance.

## 13 REGISTRATION FEES

- 13.1 **NOTE:** There is a new process of registration payment.
- 13.2 The online Form F2 will determine which racing category/division and racing class that The Team wants to participate in. Please indicate:-
- No of crew (i.e. no of boat, etc.) registered per category/division & racing class



- b. Tentative no of people
  - c. No payment is required at this stage
- 13.3 The online Form F3 will be used to calculate total payment due based on no. of participants
- 13.4 The Registration fee payment must be paid in full before the Team Manager briefing.
- 13.5 Any payment before the final crew list submission will not be refunded.
- 13.6 Example of Registration Fee calculation:
- a. SDBA Affiliates
    - i. Singapore Dollars **\$37.45 per person (inclusive of GST)**
    - ii. Calculation for a single typical DB22 crew:-
      - 26 athletes + 2 team officials = 28 people
      - 28 people x SGD\$37.45 = **\$1,048.60**
    - iii. Calculation for a single typical DB12 crew:-
      - 14 athletes + 2 team officials = 16 people
      - 16 people x SGD\$37.45 = **\$599.20**
  - b. Public Services/PA Teams
    - i. Singapore Dollars **\$37.45 per person (inclusive of GST)**
    - ii. Calculation for a single typical DB22 crew:-
      - 26 athletes + 2 team officials = 28 people
      - 28 people x SGD\$37.45 = **\$1,048.60**
    - iii. Calculation for a single typical DB12 crew:-
      - 14 athletes + 2 team officials = 16 people
      - 16 people x SGD\$37.45 = **\$599.20**
- 13.7 Payment Method
- a. Cheque
    - i. Addressed to “SINGAPORE DRAGON BOAT ASSOCIATION”
    - ii. Please write the Team name in the back of the cheque
    - iii. Please write the event name “SDBF 2019” in the back of the cheque
  - b. Bank Transfer
    - i. Name of Bank : DBS Bank Ltd
    - ii. Name of Account : Singapore Dragon Boat Association
    - iii. Account No : 025-902774-9
    - iv. Bank Code : 7171
    - v. Branch Code : 025
  - c. Please notify us via email: race@sdba.org.sg, once the transfer is successfully transacted
  - d. No receipt will be issued for cheque and bank transfer payments.

## 14 CREW LIST SUBMISSION & AMENDMENT ARRANGEMENT

- 14.1 Team Manager is able to maintain the Crew List from Tuesday 25<sup>th</sup> up to 23:59, Sunday 30<sup>th</sup> June thru the online system. Once the crew list is completed, click the submit button to submit crew list.
- 14.2 Emergency Amendment on race day  
Teams would only be able to make emergency amendments for existing athlete card holder or Event card holder only:
- SDBA Affiliates : Singapore Dollars \$100 per amendment
  - SDBA Non-Affiliates : Singapore Dollars \$200 per amendment

**\*Note:**

- a. Amendment refers to correcting of data entry in existing Crew List.
- b. Making or reprint of SDBA athlete card or Event card on race day will be \$50 per card.
- c. Team members of SDBA affiliates must show SDBA athlete card for the race. No photo copy or image of SDBA athlete card will be accepted. No physical SDBA athlete card, no race.

## 15 PROTEST & APPEAL

### 15.1 Protests

- a. If a team wants to make a protest following a race, concerning the conduct of another crew, the Team Manager must lodge the protest with the Chief Official. Such a protest must be addressed to the Competition Committee and made within 10 minutes after the race.
- b. A protest against a race result must be made no later than 10 minutes after the result is officially posted.

### 15.2 Appeals

- a. This acknowledgement is the start of the period in which the Team Manager may appeal to the Jury, against the decision of the Competition Committee.
- b. An appeal against a protest result must be made no later than 10 minutes after the protest result is officially posted.

### 15.3 Protest / Appeal Fees

All protests / appeals shall be made in writing and shall be accompanied by a fee of Singapore Dollars \$50 (after GST).

## 16 ANTI DOPING

- 16.1 As a condition of entry into this competition, athletes agree to be subject to the Anti Doping Singapore (ADS) Anti-Doping Rules established pursuant to the World Anti-Doping Code. All participants may be required to undergo doping control tests conducted by ADS. Refusal to submit to doping control may result in an anti-doping rule violation.

- 16.2 Athletes participating in this championship should be aware that the use of certain drugs, medication and method of treatment for an illness or injury may be banned in sport under the World Anti-Doping Agency's Prohibited List, which is updated annually.
- 16.3 If you require the use of any medication or methods of treatment that are prohibited In-Competition, you need to apply for a Therapeutic Use Exemption (TUE) at least 30 days prior to the start of competition.
- 16.4 International-level athletes shall apply to your International Federation (IF) for a TUE. The TUEs granted by your IF are recognised by ADS.
- 16.5 An athlete who is not an International-level athlete shall apply to his or her National Anti-Doping Organisation (NADO) for a TUE. The TUEs granted by your respective NADOs are recognised by ADS.
- 16.6 Athletes in the ADS Registered Testing Pool (RTP) and Domestic Testing Pool (DTP), and those carded by the Singapore Sports Institute shall apply to ADS for a TUE.
- 16.7 All other Singapore athletes not mentioned above (ER 16.4 to 16.6) are only required to apply for a TUE retroactively if you have been selected for a doping control test during the competition. The TUE application should be submitted as soon as practicable after the test.**
- 16.8 For TUE applications to ADS, athletes shall complete the ADS TUE Application Form with your Doctor and submit to ADS with supporting medical documents (eg, medical history, diagnostic tests, examination results, laboratory investigations and imaging studies relevant to the application).
- 16.9 Athletes who are selected for doping control tests are to declare the medication, method of treatment or approved TUE, if applicable, on the doping control form during the testing.
- 16.10 For more details of doping control procedures and the TUE application process and forms, please visit [www.antidoping.org.sg](http://www.antidoping.org.sg) or contact us at the following:

Ms Irene Tan  
 Anti-Doping Singapore  
 Tel: 6500-5451  
 Email: [ADS@sport.gov.sg](mailto:ADS@sport.gov.sg)

## 16 CLOSING DATES

Timeline	Launch	Close
<b><u>Team Registration (F2)</u></b>	Thursday 13/06/2019 1800hrs	Sunday 29/06/2019 2359hrs
<b><u>Crew List Submission (F3)</u></b>	Monday 01/07/2019 0001hrs	Friday 05/07/2019 1400hrs
<b><u>Registration Fee</u></b> Immediately after completion of F3 submission	Monday 01/07/2019 0001hrs	Friday 05/07/2019 1400hrs

## ANNEX A: PA RACES

Teams participating in the PA GRO category must belong to a grassroots organization (GRO) (i.e. Eunosc CSC) and registration forms are to be endorsed by their parent GRO.

The minimum age of any member (including reserves) is 12 years of age as of 1<sup>st</sup> January 2019.

Teams may not field more than 2 foreign paddlers in their active crew for all PA categories.

### PA GRO Open (12-Crew)

- Paddlers representing a team must be may be of either gender.
- The drummer and coxswain of the crew may be of either gender.
- A **minimum of 8 paddlers** in a 12 crew is required in order for the team to race.
- The active crew (**Not in reserved crew list**) should consist of 2 paddlers of any minority ethnicity (ie. 2 Malay or 1 Indian & 1 Malay paddler in a Chinese majority crew). Representatives of the team's minority ethnicity must be either (i) Singapore Citizens, and/or (ii) Permanent Residents.
- Teams fielding crew of minority ethnicity but whom are not Singapore Citizens or Permanent Residents will not be counted to fulfill the above minority ethnicity criteria.
- 1 Grassroots leader (GRL) must be in the active crew list (Not in reserved crew list). GRL to bring Grassroot card/letter from CC they serve in, indicating that he/she is GRL, during boat marshal check.

### PA GRO Mixed (12-Crew)

- Paddlers representing a team must consist of at least 5 female paddlers in the active crew. (Not in reserved crew list).
- Should a team field less than 10 paddlers, a minimum of 5 female paddlers is still required as part of the active crew. (Not in reserved crew list).
- A **minimum of 8 paddlers** in a 12 crew is required in order for the team to race.
- The drummer and coxswain of the crew may be of any gender.
- The active crew (**Not in reserved crew list**) should consist of 2 paddlers of any minority ethnicity (ie. 2 Malay or 1 Indian & 1 Malay paddler in a Chinese majority crew). Representatives of the team's minority ethnicity must be either (i) Singapore Citizens, and/or (ii) Permanent Residents.
- Teams fielding crew of minority ethnicity but whom are not Singapore Citizens or Permanent Residents will not be counted to fulfill the above minority ethnicity criteria.
- 1 Grassroots leader (GRL) must be in the active crew list (Not in reserved crew list). GRL to bring Grassroots card/letter from CC they serve in, indicating that he/she is GRL, during boat marshal check.

### PA Inter-Generation Mixed (12-Crew)

- The crew must consist of at least 2 pairs of intergeneration (i.e. 2 paddlers aged 50 and above and 2 paddlers aged 12 to 35).
- Paddlers representing a team must consist of at least 5 female paddlers in the active crew. (Not in reserved crew list).
- A **minimum of 8 paddlers** in a 12 crew is required in order for the team to race.
- Should a team field less than 10 paddlers, a minimum of 5 female paddlers is still required as part of the active crew. (Not in reserved crew list).
- The drummer and coxswain of the crew may be of any gender

## **ANNEX B: PUBLIC SERVICE RACES**

### **1 RULES**

- 1.1 The Public Service Dragon Boat Race shall be governed by the rules and regulations of the Singapore Dragon Boat Festival and Public Service STAR Games.

### **2 ELIGIBILITY**

- 2.1 The Public Service events are open to all civil servants, public service officers serving in Statutory Boards, Restructured Hospitals and Government-Aided Schools as well as staff from former Statutory Boards who are registered with Civil Service Club.
- 2.2 All paddlers in the team must be civil servants or public officers at the time of submission of the Confirmation of Participation Form and at the time of the Race.
- 2.3 The following personnel shall not be eligible to participate in this event:
- a) Public Officers who have represented Singapore (including those as Reserves) in SEA Games, Asian Games, Commonwealth Games or Olympic Games during the current year and past two years;
  - b) Public Officers who earn their living as professional athletes for clubs, etc during the current and past two years; and
  - c) Full-time National Servicemen

### **3 PUBLIC SERVICE EVENTS**

- 3.1 The Public Service events are as follows:
- a) Public Service Open (22-crew)
  - b) Public Service Men (12-crew)
  - c) Public Service Women (12-crew)
  - d) Public Service Senior Mixed (12-crew)
  - e) Public Service Active Agers Open (12-crew)
  - f) Public Service Mixed (12-crew)

### **4 THE TEAM**

- 4.1 Team composition for the Public Service events shall be as follows:

#### **4.1.1 22-crew Public Service Open**

- a) A male or female steersperson/drummer is permitted
- b) Maximum of 20 paddlers + 1 drummer + 1 steersperson + 4 reserves (total = 26 pax)
- c) Minimum number of crew allowed to race is 18 paddlers + 1 steersperson and 1 drummer (min = 20 pax)

#### **4.1.2 12-crew Public Service Men**

- a) All male crew only (including steersperson/drummer)
- b) Maximum of 10 paddlers + 1 drummer + 1 steersperson + 2 reserves (total = 14 pax)
- c) Minimum number of crew allowed to race is 8 paddlers + 1 steersperson and 1 drummer (total = 10 pax)

#### **4.1.3 12-crew Public Service Women**

- a) A male steersperson is permitted
- b) Maximum of 10 paddlers + 1 drummer + 1 steersperson + 2 reserves (total = 14 pax)
- c) Minimum number of crew allowed to race is 8 paddlers + steersperson and drummer (total = 10 pax)

#### **4.1.4 12-crew Public Service Senior Mixed (40 Yrs & Above)**

- a) Crew must contain a minimum of two (2) female paddlers and aged 40 years and above in the competition year.
- b) The two women crews should not include steersperson/drummer.
- c) Maximum of 10 paddlers + 1 drummer + 1 steersperson + 2 reserves (total = 14 pax)
- d) Minimum number of crew allowed to race is 8 paddlers + 1 steersperson and 1 drummer (total = 10 pax)

#### **4.1.5 12-crew Public Service Active Agers Open**

- a) The Public Service (Active Agers) team shall comprise five (5) paddlers aged 40 years old and above + five (5) paddlers aged 50 years old and above + one (1) drummer aged 40 years old and above. There is no age restriction on the steersperson.
- b) All paddlers including reserves in the team, shall be aged 40 years OR 50 years & above in the competition year.
- c) A male or female steersperson/drummer is permitted
- d) Maximum of 10 paddlers + 1 drummer + 1 steersperson + 2 reserves (total = 14 pax)
- e) Minimum number of crew allowed to race is 8 paddlers + 1 steersperson and 1 drummer (min = 10 pax)

#### **4.1.6 12-crew Public Service Mixed**

- a) Crew must contain a minimum of four (4) and a maximum of five (5) in each gender.
- b) **The minimum gender ratio is 4:4. The maximum gender ratio is 5:5.**

- c) The combinations are :
    - 4 female/4 male
    - 4 female/5 male
    - 5 female/4 male
    - 5 female/5 male
  - d) A male or female steersperson/drummer is permitted
  - e) Maximum of 10 paddlers + 1 drummer + 1 steersperson + 2 reserves
  - f) Minimum number of crew allowed 8 paddlers + steersperson and drummer
- 4.2 No female may participate as a paddler in a male team event. No male may participate as a paddler in a female team event except in the capacity as a steersperson/helm.
- 4.3 The steersperson/helm and drummer are not permitted to paddle nor assist to propel the dragon boat in any way or by any other means during the Race. The Chief Official may impose a disqualification or time penalty on Team that contravenes this rule.
- 4.4 Teams must field Certified Steersperson/Helms. The Steerspersons/Helms must be SDBA Basic helm Certified (minimum requirement). All SDBA Technical Certified Coaches (Level 1 or higher) are qualified as Race Helms. The SDBA Recreational Instructors (who are required to be supervised by an SDBA Technical Coach) are the exception.
- 4.5 Each team is entirely responsible for its own conduct and for complying with the Rules governing the Race.
- 4.6 The criteria governing the eligibility of teams and paddlers participating in each of the Public Service events shall be strictly complied with during the Race. Any team, which contravenes this Rule will not be allowed to race and will be disqualified from the Race. If the contravention is discovered after the Race, the team which contravenes this Rule shall be disqualified from the Race.
- 4.7 A paddler, drummer, steersperson/helm is not allowed to register as a member of another crew under the same organization. A paddler for a team whose name and identity number do not appear in the List of Crew shall not be allowed to compete for the Race. Teams that utilized the services of paddlers or drummer that were not registered under the said Team shall be disqualified.
- 4.8 Teams fielding same paddlers in multiple events are advised to note that the Organizer will not accommodate requests from teams to re-schedule races.
- 4.9 In the event of any contravention of rules by a team, the organizer shall refuse to allow The Team to compete in the Race.

< END >