



NATIONAL TEAM ATHLETE/TEAM OFFICIAL CODE OF CONDUCT & ETHICS

1. SCOPE

- 1.1 This National Team (herein referred to as “The Team”) Athlete Code of Conduct and Ethics (herein referred to as “The Code”) shall comprise of the agreement and undertaking of the National Team Athlete (herein referred to as “The Athlete”) and Team Official (herein referred to as “The Official”) with the Singapore Dragon Boat Association (herein referred to as “SDBA”), which is the National Sport Association for the authority and governance of the sport of dragon boat (herein referred to as “The Sport”) in Singapore.
- 1.2 The Code described shall be binding for the following athletes: -
- a. Premier team
 - b. Developmental team
 - c. Age-group team

2. ETHICS

- 2.1 Uphold the good name of the Republic of Singapore, The Sport, The Team and SDBA at all times.
- 2.2 Always perform to the highest possible standard in training and in competitions to the best of abilities.
- 2.3 Obtain and maintain the best possible mental and physical fitness and health at both individual and Team level.
- 2.4 Display exemplary behaviour at all times to the highest standards of honesty, respect, truth, fairness, ethical behaviour and sporting attitude, including to refrain from the use of foul language.
- 2.5 To respect the spirit of fair play and non-violence (both physical and verbal), and behave accordingly.
- 2.6 To respect others, own Team mate/official or the rival team, and always playing within the right spirit, gamesmanship and way of thinking.
- 2.7 To exhibit good sportsmanship at all times and not argue with coaches, officials, supporters, spectators, referees, judges and competitors from other Teams.
- 2.8 Must not consume any drugs or medication without the prior consent of a medical doctor and to keep The Team and SDBA informed, and to declare the drugs or medication consumed as Therapeutic Use Exemptions (TUE) as required under the Anti Doping Act.

- 2.9 Shall dress appropriately at all times, refraining from wearing any attire that display objectionable slogans, inappropriate phrases, graphics or pictures that may offend, provoke response/outburst, incite reactions and/or insulting in nature
- 2.10 Shall be punctual for all training sessions, competitions, appointments and social functions
- 2.11 Shall observe all safety and security arrangements and instructions.
- 2.12 Shall be familiar with the training programme and objectives, competition regulations and rules of racing.
- 2.13 Shall refrain from smoking while in Team attire, at training and competition venues as well as at formal Team and/or SDBA functions.

3. CONDUCT

- 3.1 Shall not at any time engage in conduct which will bring or have the tendency to bring themselves, The Sport, The Team, any other member of The Team, or SDBA into disrepute or censure, or which is or would have the tendency to be inconsistent with, contrary to or prejudicial to the best interests, image or values of The Team and/or SDBA.
- 3.2 Shall not engage in any activities or conduct contrary to the laws of Singapore or in any place where training or a competition is being held
- 3.3 Shall not at any time be convicted of, or charged with, any serious offence involving doping, violence, alcohol or drugs, any sex offence, any offence relating to any gambling activities on sport, or any offence which is punishable by law.
- 3.4 Must always consider and respect the interests of other Team members and must not comment or behave in a way which, in SDBA's opinion, may be damaging, humiliating or defamatory to the Team, a Team member, SDBA, or any other team or competitor.
- 3.5 The Athlete/Official or his/her representative, shall not express themselves in an improper manner towards any coaches, officials, supporters, spectators, referees, judges, competitors and SDBA regarding the decisions (including matters on athlete selection) or regarding the results of any competition
- 3.6 The Athlete/Official or his/her representative, shall refrain from instigating or becoming involved in any type of altercation with any other athlete, coaches, officials, supporters, spectators, referees, judges, competitors, SDBA or other person(s), and shall not engage in abusive, abrasive or disorderly conduct.
- 3.7 Acknowledge and agree that SDBA shall be the contact on all matters concerning the Team, arrangements for training and competitions, the management of the Team and fellow Team members, provided that SDBA may in their discretion delegate the responsibility in whole or in part to Team Officials and Coaches to act as the contact/spokespersons on matters relating to the events, prospects or performances of those Athletes within The Sport
- 3.8 Shall comply with all directions of, and arrangements made by, SDBA and any person appointed by SDBA.

- 3.9 Unless certified medically unfit by a medical doctor or Singapore Team doctor appointed by SportSG, The Athlete is to compete in all competitions including training sessions to the best of their abilities.
- 3.10 The Athlete is not allowed to pursue their own activities without the prior approval of their respective Team Official or Coach.
- 3.11 The Athlete/Official shall not destroy and/or misuse any Team equipment, asset or accessory or keep any property not belonging to them, including the appropriation of items without consent from training or competition venue, Games village, hotels or other places.
- 3.12 The Athlete/Official shall be responsible for their personal as well as The Team hygiene and cleanliness.
- 3.13 The Athlete/Official shall be responsible for his/her own personal belongings, equipment and accessory, be it for training and/or competition use, including team equipment, asset and accessory assigned to The Athlete/Official.

4 POLICY ON WHISTLE BLOWING

- 4.1 If in the understanding and discretion of The Athlete/Official that another Athlete, Official and/or Coach has conducted themselves in contrary to the items described in This Code, The Athlete/Official may inform SDBA General Manager (herein referred to as “GM”) verbally and/or in writing regarding the matter.
- 4.2 If The Athlete/Official so chooses, he/she can remain anonymous, i.e. his/her identity will not be announced/declared in any formal incident report documents, etc.
- 4.3 SDBA guarantees The Athlete/Official immunity against prosecution or retribution, provided no criminal laws of the Republic of Singapore has been broken.

5 ETHICS OVERSIGHT COMMITTEE

- 5.1 All cases of misconduct, SDBA shall form and Ethic Oversight Committee (herein referred to as “The Committee”) to investigate the allegations before a charge is made against The Athlete/Official.
- 5.2 The Committee shall comprise of minimum three(3) or maximum five(5) members from SDBA Management Committee and shall be appointed by SDBA President.
- 5.3 The Committee shall investigate all allegations within one(1) month of receiving the complaint from GM
- 5.4 The Committee shall present its findings and recommendations to SDBA Executive Committee

6 LEGALITIES

- 6.1 In cases of misconduct, SDBA may suspend for a definite period or 'for life', from any activity related to The Team and/or The Sport at all levels.
- 6.2 Sport Singapore (SportSG) and the Singapore National Olympic Council (SNOC) reserves the right to invoke a misconduct charge against The Athlete/Official, if necessary. In such circumstances, SportSG (as the government appointed authority overseeing Sports in Singapore) and/or SNOC (as the government appointed authority overseeing Major Games competitions) may exercise their right to supersede or supplant SDBA's decisions, on a case to case basis, within reason.

7. APPEAL AGAINST MISCONDUCT CHARGE

- 7.1 The Athlete/Official who has been charged with misconduct, may appeal against the charge (herein referred to as "The Appeal").
- 7.2 The Athlete/Official shall be required to inform SDBA High Performance Manager (herein referred to as "HPM") or in the absence of the HPM, the SDBA Vice-President for High Performance (herein referred to as "VP-HPE"), in writing who will then inform SDBA that an Appeal has been lodged
- 7.3 The Appeal will then be reviewed by VP-HPE and SDBA Senior Vice President for Performance Maximization (herein referred to as SVP-P)
- 7.4 At SVP-P's discretion, the misconduct charge may be escalated to President SDBA for his/her decision.
- 7.5 SVP-VP reserves the discretion to accept and/or reject any Appeal but will justify his/her decision in writing.

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