



NATIONAL TEAM SELECTION POLICY

1. SCOPE

- 1.1 This National Team Selection Policy document (herein referred to as “The Policy”) shall comprise of the agreement between the National Dragon Boat Athlete (herein referred to as “The Athlete”) and the Singapore Dragon Boat Association (herein referred to as “SDBA”), which is the National Sport Association for the authority and governance of the sport of dragon boat in Singapore.
- 1.2 The Selection Policies (herein referred to as “The Selection”) described shall be binding for Selection for the following:
 - a. Major Games
 - b. World/Continental Championships
 - c. International Competitions or championship equivalent

2. PRE-REQUISITE I

- 2.1 Specifically, for Major Games and World/Continental Championships:
 - a. Olympics
 - b. Asian Games (AG)
 - c. Southeast Asian Games (SEAG)
 - d. IDBF World Dragon Boat Championships (World Champs)
 - e. ADBF Asian Dragon Boat Championships (Asian Champs)
- 2.2 The Athlete must have undergone training:
 - a. **at least six (6) months** with the National Team (herein referred to as “Nteam”), either as a premier team member and/or developmental/youth/age group team member
 - b. achieved **at least 90% attendance** leading up to The Selection

3 PRE-REQUISITE II

3.1 Specifically, for International Competitions or Championship equivalent:

- a. Macau International Dragon Boat Regatta
- b. Any other international competitions or championship equivalent

3.2 The Athlete must have undergone training:

- a. **at least four (4) months** with the National Team (herein referred to as “Nteam”), either as a premier team member and/or developmental/youth/age group team member
- b. achieved **at least 80% attendance** leading up to The Selection

4 SELECTION COMMITTEE

4.1 The Selection Committee shall be conducted by the High-Performance Committee (hereinafter referred to as “HPE”), comprising of:

- a. SDBA Vice-President for High Performance (VP-HPE)
- b. High Performance Manager (HPM)
- c. Head Coach
- d. Assistant Coaches

4.2 HPE reserves the discretion to qualify athletes for selection trial even if the attendance criteria have not been met. This would usually apply to athletes who have represented in previous editions of Major Games or International Competitions (herein referred to as “Ex-Nteam”). **It must be emphasised that Ex-Nteam Athletes will be assessed in the same manner as current squad Athletes during Selection trials.**

5. SELECTION TRIAL

5.1 The Selection Trial (herein referred to as “The Trial”), is based on:

- a. Formative Assessment
- b. Summative Assessment

5.2 Formative Assessment is *held monthly or when necessary*. This is to allow all parties to be aware of their performance level at various stages of preparation. Components are:

- a. Strength test
- b. T2 canoe time trial
- c. Ergometer time trial
- d. Individual dragon boat time trial

- e. Coach's assessment of The Athlete during Team paddling (synergy)
- 5.3 Summative Assessment is *held two(2) months prior to Competition or earlier*. This assessment is to ensure the athletes are near their peak performance level or competition ready state. Components are:
 - a. T2 time trial
 - b. Individual dragon boat time trial
 - c. Coach's assessment of The Athlete during Team paddling (synergy)
- 5.4 The assessment weightage shall be:-
 - a. Formative Assessment = 60%
 - b. Summative Assessment = 40%
- 5.5 In the event of a tie in the scoring, the tie-breaker shall be exercised by VP-HPE.

6. APPEAL PROCESS

- 6.1 An Athlete who was unsuccessful in The Trial, may appeal his/her result (herein referred to as "The Appeal").
- 6.2 The Athlete shall be required to inform HPM in writing who will then inform SDBA that an Appeal has been lodged
- 6.3 The Appeal will then be reviewed by HPE.
- 6.4 At HPE's discretion, the Athlete who lodged the Appeal and/or other Athletes affected by The Appeal, may be required to undergo all/certain assessment components again.
- 6.5 HPE-VP reserves the discretion to accept and/or reject any Appeal but will justify his/her decision in writing.

7. LEGALITIES

- 7.1 All Trial results shall be published for all Athlete's view and understanding
- 7.2 Athletes who displayed poor attitude may be removed from The Selection at the discretion of HPE, regardless of their performance in The Selection

8. SELECTION FLOW CHART

