



4th DRAGON BOAT CENTURY

14th, 20th, 21st, 27th & 28th March 2021

PA Passion Wave@Jurong Lake Gardens

The Century is the dragon boat racing equivalent of a “super sprint” race at 100m racing distance in the DB12-crew dragon boats. It is also the 2021 dragon boat racing season curtain raiser.

Only open to SDBA’s affiliates.

The Century shall comply with COVID19 Reopening Phase III Safety Management Measures (SMM). So certain specific dragon boat competition regulations and rules of racing has been adapted to meet with the SMM and/or adopted the key SMM requirements.

It will be fast, exciting and for the athletes – an adrenaline filled rush!

It’s the Dragon Boat Century!

1. TENTATIVE SCHEDULE

1	Registration	Open : 18/02/2021, Thursday, 0900hrs Closes : 21/02/2021, Sunday, 2359hrs
2	Athlete Card	Open : 18/02/2021, Thursday, 0900hrs Closes : 24/02/2021, Wednesday, 1600hrs
3	SDBA Confirmation of Participating Teams	23/02/2021, Tuesday, 2359hrs
4	Crew List Submission	Open : 24/02/2021, Wednesday, 0000hrs Closes : 28/02/2021, Sunday, 2359hrs
5	Crew List Validation	01/03/2021, Monday, 0900hrs to 03/03/2021, Wednesday, 2359hrs
6	Crew List Amendment (At no cost)	Open : 06/03/2021, Saturday, 0900hrs Closes : 09/03/2021, Wednesday, 2359hrs
7	Crew List Amendment (Amendment fee = \$53.50/pax)	From 10/03/2021, Thursday onwards to race days
8	Payment	Open : 25/02/2021, Thursday, 0900hrs Closes : 02/03/2021, Tuesday, 2359hrs <i>*if payment not received, team shall be barred from participating and not included in lane draw</i>
9	Team Managers Briefing via Zoom	05/03/2021, Friday, 1930hrs
10	Registration Fee	\$32.10 (inclusive of GST), per person per category Registration fee waiver for Adaptive category
11	Race Program & Schedule	6 Racing Blocks Per Day, 1.5hr Per Block: Block 1: 0730hrs – 0900hrs Block 2: 0900hrs – 1030hrs Block 3: 1100hrs – 1230hrs Block 4: 1330hrs – 1500hrs Block 5: 1500hrs – 1630hrs Block 6: 1700hrs – 1830hrs 6 boats per race block
12	Race Categories - Divisions	DB5 Millennial Century - Open

		<ul style="list-style-type: none"> - Women <p>DB5 Premier Century</p> <ul style="list-style-type: none"> - Open - Women - Mixed <p>DB5 Senior Century</p> <ul style="list-style-type: none"> - Mixed <p>DB5 Adaptive Century</p> <ul style="list-style-type: none"> - Open <p>DB5 PA GRO Century</p> <ul style="list-style-type: none"> - Open - Mixed
12	Race Day 1 14 March 2021	<p>DB5 Millennial Women Century (3 blocks, 18 slots)</p> <ul style="list-style-type: none"> - All Women-crew only - For schools, JC, Polytechnics & Universities <p>DB5 Millennial Open Century (3 blocks, 18 slots)</p> <ul style="list-style-type: none"> - No restriction on gender mix - For schools, JC, Polytechnics & Universities
13	Race Day 2 20 March 2021	<p>DB5 Premier Women Century (6 blocks, 36 slots)</p> <ul style="list-style-type: none"> - All female dragon boat teams
14	Race Day 3 21 March 2021	<p>DB5 Premier Open Century (6 blocks, 36 slots)</p> <ul style="list-style-type: none"> - No restriction on gender

15	Race Day 4 27 March 2021	DB5 Premier Mixed Century (3 blocks, 18 slots) - Gender Mix ratio of 2 male : 2 female - No restriction on order for The Steer DB5 Senior Mixed Century (2 blocks, 12 slots) - Above 40 years old in the competition year DB5 PA Adaptive Open Century (1 block, 6 slots) - For Para-Dragon teams - Ratio of 1 Para-Athlete : 1 Able-bodied Athlete
16	Race Day 5 28 March 2021	DB5 PA GRO Open Century (3 blocks, 18 slots) - All Community Sports Club (CSC) dragon boat teams - No restriction on gender mix - PA T&C applies DB5 PA GRO Mixed Century (3 blocks, 18 slots) - All Community Sports Club (CSC) dragon boat teams - Gender mix ratio of 2 males : 2 females - PA T&C applies

2. COMPETITION REGULATIONS & RULES OF RACING

1. The races shall be run in accordance with the IDBF Competition Regulations & Rules of Racing (CR&RR).
2. Note that in compliance with our National interest to manage COVID19 Reopening of Phase III, certain CR&RR has been amended or superseded to adapt as well as to adopt CV Safe Management Measures (SMM).
3. Please download the Century Race Entry Rules from SDBA website: www.sdba.org.sg, available after **10/02/2021**.
4. SDBA Athlete Card applicable.

3. RACE BY-LAWS

1	<p>a. The Century shall be exclusively DB12-crew dragon boat racing in the following crew configuration: - 4 paddlers + 1 steerspersons (for total of 5 persons)</p> <p>b. Refer to DB Safe Plan for the approved seating configurations</p> <p>c. SMM on facility maximum capacity, intermingling controls, safe entry, contact tracing and temperature taking applies</p>																																								
2	<p>a. During registration, Teams must be registered by a Team Manager.</p> <p>b. The Team Manager must already have the registration account with SDBA</p>																																								
3	<p>On race day, each Crew shall be led a Team Lead. By default, the Steer shall be the Team Lead</p>																																								
4	<p>Each Team may send:-</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th style="text-align: center;">S/N</th> <th style="text-align: center;">Category/Division</th> <th style="text-align: center;">No. of Crew</th> <th style="text-align: center;">Category Cap</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td>Millennial Women Century</td> <td style="text-align: center;">2</td> <td style="text-align: center;">18</td> </tr> <tr> <td style="text-align: center;">2</td> <td>Millennial Open Century</td> <td style="text-align: center;">2</td> <td style="text-align: center;">18</td> </tr> <tr> <td style="text-align: center;">3</td> <td>Premier Women Century</td> <td style="text-align: center;">2</td> <td style="text-align: center;">36</td> </tr> <tr> <td style="text-align: center;">4</td> <td>Premier Open Century</td> <td style="text-align: center;">2</td> <td style="text-align: center;">36</td> </tr> <tr> <td style="text-align: center;">5</td> <td>Premier Mixed Century</td> <td style="text-align: center;">2</td> <td style="text-align: center;">18</td> </tr> <tr> <td style="text-align: center;">6</td> <td>Senior A Mixed Century</td> <td style="text-align: center;">2</td> <td style="text-align: center;">12</td> </tr> <tr> <td style="text-align: center;">7</td> <td>PA Adaptive Open Century</td> <td style="text-align: center;">-</td> <td style="text-align: center;">6</td> </tr> <tr> <td style="text-align: center;">8</td> <td>PA GRO Open Century</td> <td style="text-align: center;">3</td> <td style="text-align: center;">18</td> </tr> <tr> <td style="text-align: center;">9</td> <td>PA GRO Mixed Century</td> <td style="text-align: center;">3</td> <td style="text-align: center;">18</td> </tr> </tbody> </table>	S/N	Category/Division	No. of Crew	Category Cap	1	Millennial Women Century	2	18	2	Millennial Open Century	2	18	3	Premier Women Century	2	36	4	Premier Open Century	2	36	5	Premier Mixed Century	2	18	6	Senior A Mixed Century	2	12	7	PA Adaptive Open Century	-	6	8	PA GRO Open Century	3	18	9	PA GRO Mixed Century	3	18
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5	<p><u>DB5-crew composition:</u></p> <p>Total = 5 pax (4 Paddlers + 1 steer)</p>																																								
6	<p><u>Use of Personal Floatation Device (PFD):</u></p> <p>a. Wearing of <u>ISO 12402-5 Standard or Equivalent PFD</u> is required in Singapore. In compliance with SMM, each participant must have their own PFD. Sharing of personalised equipment is not permitted.</p> <p>b. Any logos, emblems, slogans, codex or equivalent on the PFD, <u>MUST CORRESPOND OR BE RELEVANT</u> to the Team <i>i.e., Team ABC cannot have Team XYZ logo on the PFD, etc.</i></p>																																								

7	<p><u>Approved dragon boat Paddles:</u></p> <p>Only the IDBF Spec.202a paddles (wood or carbon fibre) are permitted. In compliance with SMM, each participant must have their own paddle. Sharing of personalised equipment is not permitted</p>
8	<p><u>Team Attire or Uniform</u></p> <p>a. Teams are required to be in their respective team attire or uniform i.e., Entire Team Alpha crew must be wearing same Team Alpha Dragon Boat attire, etc.</p> <p>b. Any logos, emblems, slogans, codex or equivalent on the team attire/uniform, <u>MUST CORRESPOND OR BE RELEVANT</u> to the Team i.e., Team ABC cannot have Team XYZ logo on the attire/uniform, etc.</p>
8	<p>Dragon Boat Century 2021 Organizing Committee reserves the right to refuse any entry at its sole discretion and the Organizing Committee reserves the right to amend the race program at its sole discretion.</p>

4. ENTRY REQUIREMENT

Open Racing Class	No restriction on gender for Paddlers & Steersperson
Women Racing Class	Paddlers & Steersperson must be ALL-WOMEN
Mixed Racing Class ratio	<p>a. Paddlers must be: 2 males:2 females</p> <p>b. Steer may be of either gender</p>
Senior A Category	Minimum of 40 years old for Paddlers and Steer in the competition year
Millennial Category	Open to all students in schools, junior colleges, ITE, Polytechnics and Universities
PA GRO Open, Mixed and Adaptive	<p>a. Please refer to PA's rules and regulations</p> <p>b. The Team is required to register only one(1) Grassroot Leader (GRL) for <u>BOTH</u> the PA GRO Open Century and PA GRO Mixed Century category/divisions.</p> <p>c. The Team is required to register one(1) paddler of Minority Ethnicity in <u>EVERY</u> crew in <u>BOTH</u> the PA GRO Open Century or PA GRO Mixed Century category/divisions</p>

Steerspersons	<ol style="list-style-type: none"> 1. Steering for the same team ; in different crew ; regardless of race category ; on the same day:- <u>not permitted</u> 2. Steering for the same team ; in the same or different crew ; in different race categories :- <u>not permitted</u> 3. Steering for same team ; in different crew ; in the same category but different division ; <i>at 1 day or several days apart</i>:- <u>is permitted</u> 4. Steering for different teams ; regardless of category:- is <u>not permitted</u> 5. Alternating as a paddler or steersperson for same team but different crew ; in the same category but different division ; at 1 day or several days apart:- <u>is not permitted</u> 6. Alternating as a paddler or steersperson for different teams ; regardless of race category:- <u>is not permitted</u>
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5. ENTRY RULES

Please refer to the Entry Rules for more details.

See you at The Century!