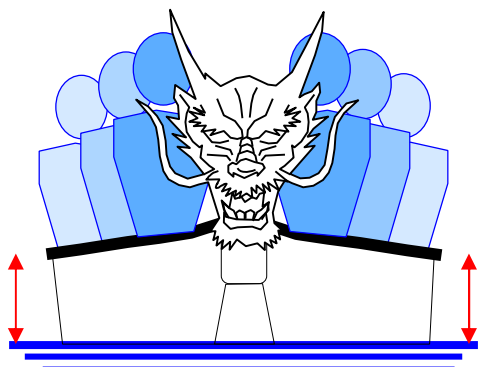




PRACTICAL TEST

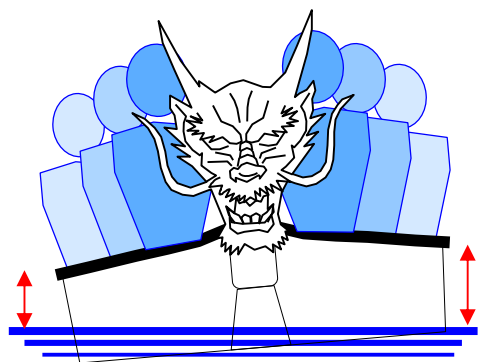
The candidate must ably demonstrate the following drills in the practical test

PRACTICAL TEST #1: ENSURE BOAT IS ON EVEN KEEL



EVEN KEEL

- The boat is balance and sitting upright
- Both freeboard are equal height above the water

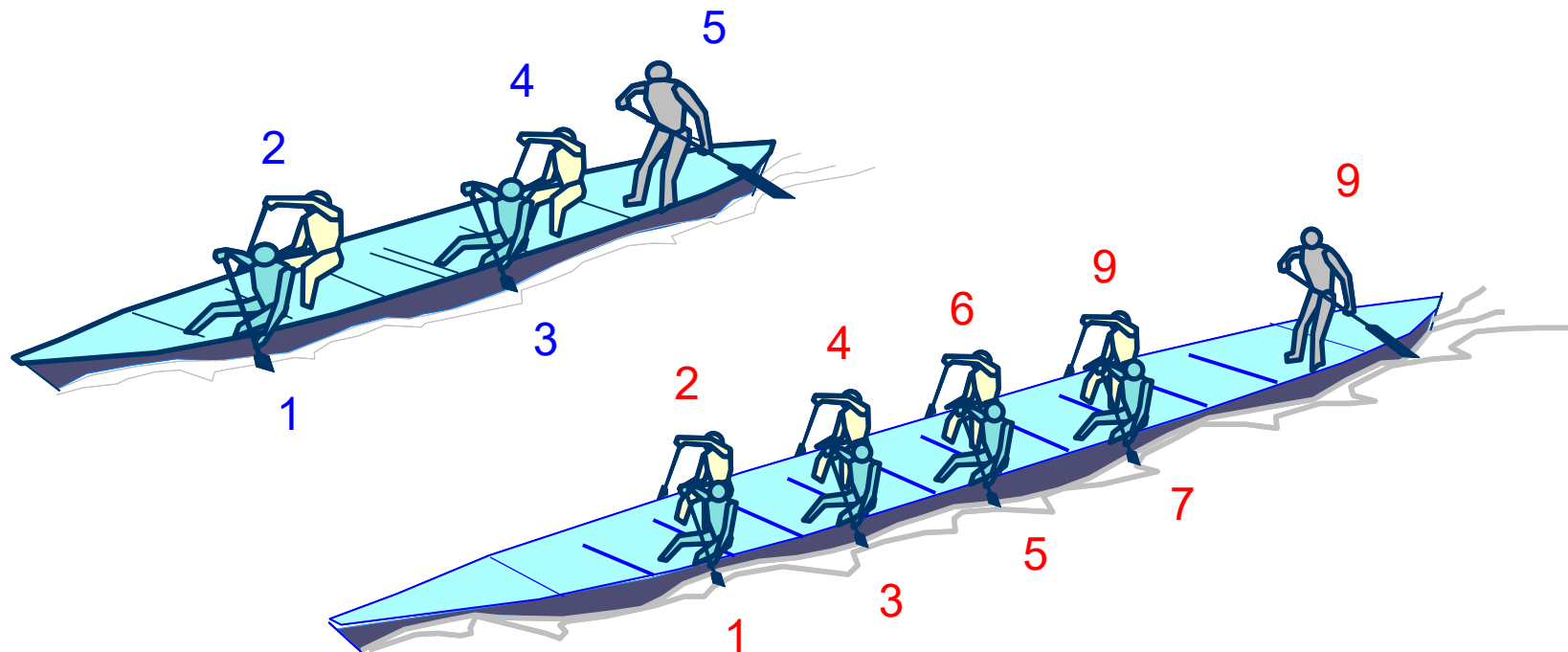


UNEVEN KEEL

- The boat is not balance and listing to one side
- Both freeboards are not equal height above the water

1. Make sure the boat is on even keel before departing from pontoon
2. Change the paddlers' seating arrangement to balance the boat if necessary
3. The Helm will also need to adjust his standing position to further balance the boat

PRACTICAL TEST #2: HEADCOUNT



1. Know how many people there are inside the boat
2. Assign numbers to the crew as part of Capsize Drill
3. The Helm is always grouped with the last paddling pair
4. One side odd numbers ; one side even numbers

PRACTICAL TEST #3: TYING OF RUDDER



Seagull type boats
2 vertical rudder posts



Champion, Rui, BuK, Peisheng type boats
U-ring rudder post

1. For the Seagull racing boats, it is a safety requirement that the rudder is tied down to prevent the rudder accidentally lifting off the rudder post

How to tie Rudder with rope on 2-sides- <https://youtu.be/4R4jlzQe0ck>

How to tie Rudder with rope on 1-side - <https://youtu.be/3FOa-TSPtQ4>

What can happen if Rudder not tied properly - <https://youtu.be/lSj-T7qBAnE>

PRACTICAL TEST #4: REVERSING



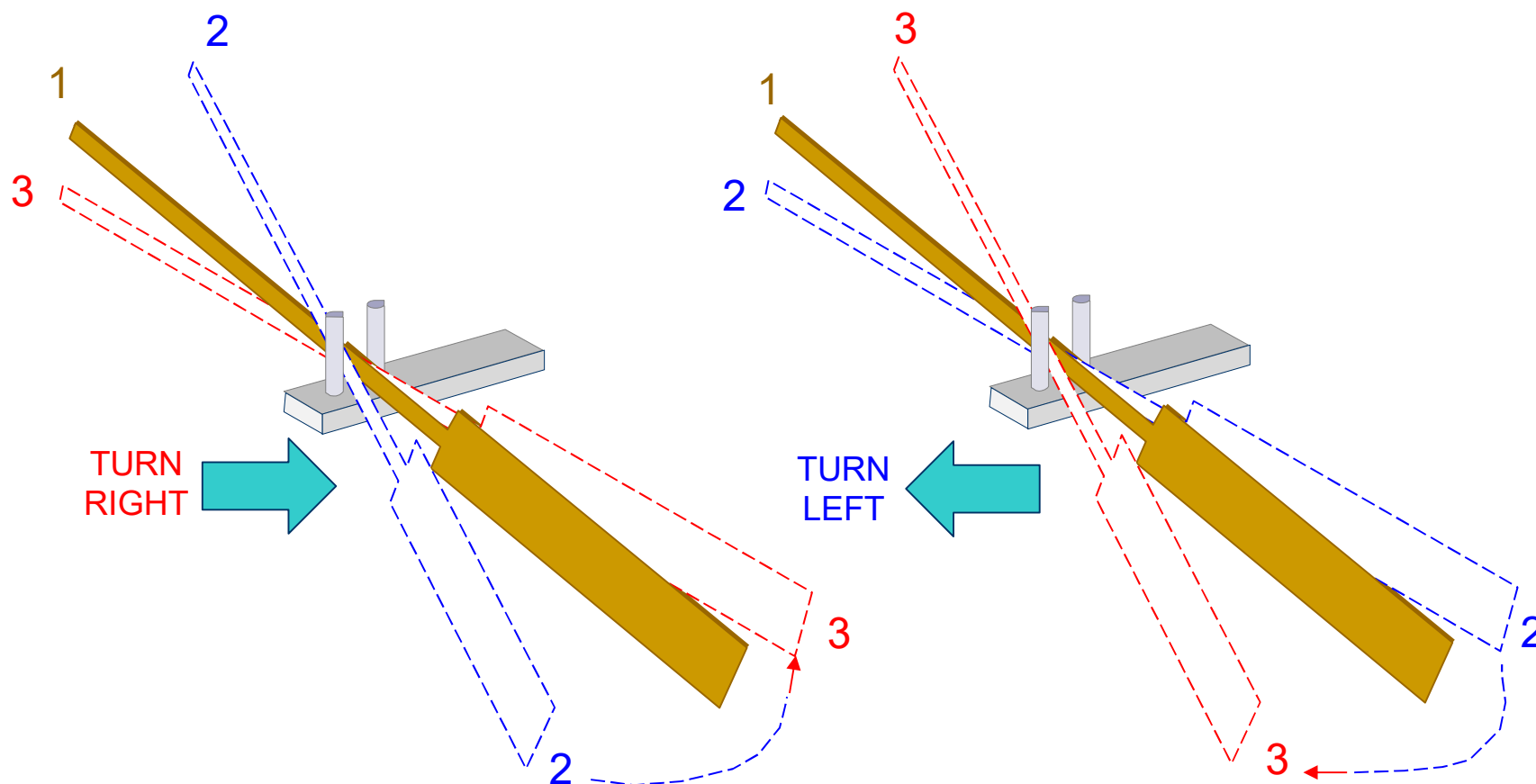
1. Back down the boat from the pontoon without hitting the pontoon
2. Back off by more than 1 boat length from the pontoon
3. The boat must not hit any other vessel or structure while backing down
4. Once sufficient distance obtained, then the boat can be turned to face into direction of travel

PRACTICAL TEST #5: CLEAR & LOUD COMMANDS



1. Know what are the common commands
2. Issue them in a clear and loud voice
3. The front seaters must be able to hear the command
4. If necessary, arranged for the crew to echo the command

PRACTICAL TEST #6: DEMONSTRATE STEADY SWEEP STROKES



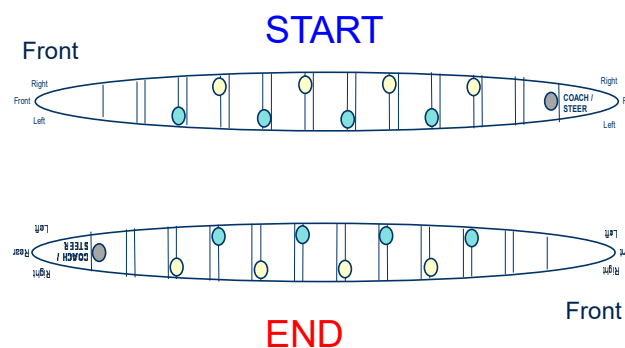
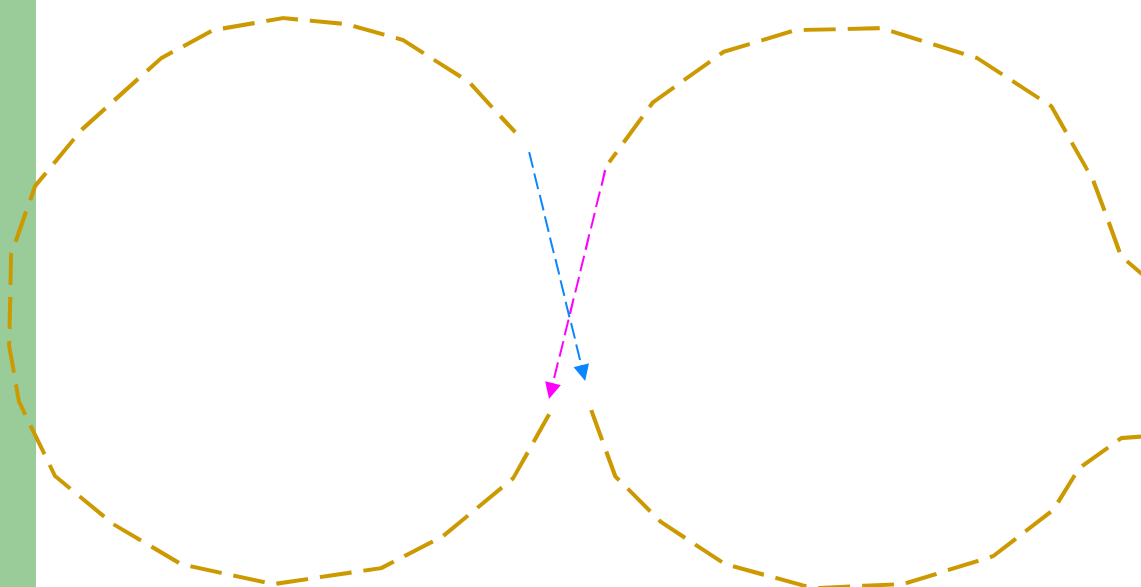
1. Sweep strokes are essential for turning the boat
2. To turn boat left, rudder motion is from Left to Right
3. To turn boat right, rudder motion is from Right to Left

PRACTICAL TEST #7: HOLD STRAIGHT & STEADY COURSE



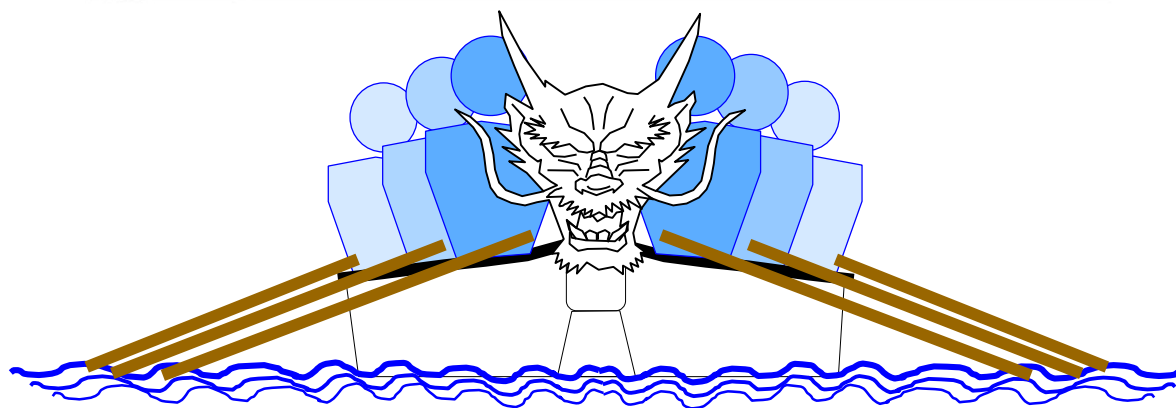
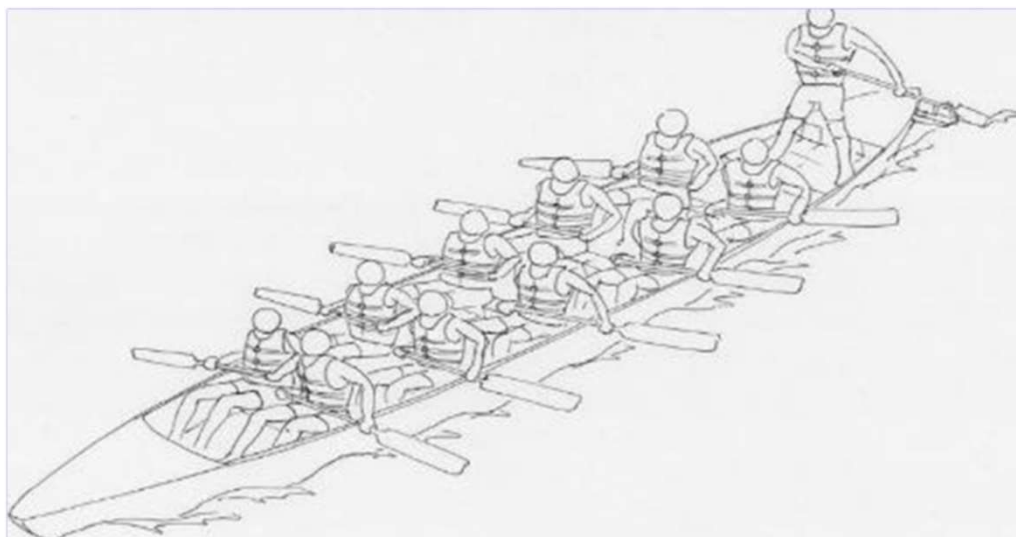
1. Hold straight & steady for 150m
2. Boat must not be drifting to the left or right
3. Boat must not be rocking or rolling

PRACTICAL TEST #8: DEMONSTRATE MANEUVERING A FIGURE OF 8



1. Use sweep strokes to conduct the turns
2. Helm must maintain balance and stability while executing the turns

PRACTICAL TEST #9: BRACE COMMAND



1. Place paddles with blade flat on the water
2. Useful for stabilizing boat when encountering choppy water

PRACTICAL TEST #10: **HOLD WATER HARD**



1. Place paddles with blades facing forward inside the water
2. "Emergency Stop"

PRACTICAL TEST #11: DOCKING



1. Docking of boat to the pontoon
2. Apply necessary speed for adequate steering control
3. Must not hit pontoon