



10KM CHALLENGE

SATURDAY, 14th OCTOBER 2023

MARINA RESERVOIR

Organized By:

AUSTCHAM PADDLE CLUB

SINGAPORE DRAGON BOAT ASSOCIATION

Supported By:

PUBLIC UTILITIES BOARD

ENTRY RULES

1 RACING DAY

Date: Saturday, 14TH October 2023

Time: 1400hrs to 1845hrs

2 RACING CATEGORY

- 2.1 DB11 Open 5km Challenge
- 2.2 DB11 Women 5km Challenge **(NEW!!!)**
- 2.3 DB21 Mixed 10km Challenge

3 ELIGIBILITY

3.1 The following teams are eligible to participate in the Austcham-SDBA Dragon Boat Challenge:

- a. SDBA affiliates
- b. SDBA associates
- c. Non-SDBA affiliates
- d. Overseas teams

3.2 Participation in Race Category

Eligible teams may enter multiple crews in:

- a. **All** DB11 Open 5km Challenge, DB11 Women 5km Challenge AND/OR DB21 Mixed 10km Challenge.
- b. Female crew member participating in the DB11 Open 5km category may also participate in the DB11 Women 5km category but must be for the same Team, *i.e. Ms X may represent Team ABC in the DB11 Open and DB11 Women, etc.*
- c. Teams participating in the DB21 Mixed 10km race MUST NOT have paddlers from either of the 5km races, *i.e., absolutely no recycling of paddlers from DB11 Open and DB11 Women into the DB21 Mixed.*
- d. Please refer to Item 4.5 regarding The Steersperson.
- e. Teams are advised that double rostering of paddlers in the 5km races may risk heat exhaustion and fatigue.

3.3 Priority for 5km DB11 Open and DB11 Women race categories

Priority for entry shall be given to the following: -

- a. School teams (especially non-tertiary teams)
- b. Community Sports Club (CSC) teams
- c. Corporate teams
- d. Public Service teams

3.4 SDBA Athlete Card & Registration

- a. The SDBA Athlete Card is NOT required for the Crew List submission.
- b. Crew List submission shall be hard copy submitting on Race Day from 1400hrs.
- c. Registration, however, shall be done thru the portal. Refer to Item 11 for details.

4 CREW COMPOSITION

4.1 Limit on No of Racing Crew that can be Registered

- a. Each Team can register maximum up to 3 racing crew for DB11 Open & DB11 Women, i.e., Team A can submit Crew A1, A2, and A3 in DB11 Women 5km Challenge, etc.
- b. Each Team can register maximum up to 4 racing crew for DB21 Mixed 10km.
- c. However, priority for race confirmation shall be given to the Team's first racing crew.
- d. The subsequent racing crews will only be accepted after the confirmation of other Team's first racing crew. i.e., Team A registers Crew A1, A2 and A3 in the DB21 Mixed 10km Challenge. Crew A1 is confirmed but Crew A2 and A3 will only be confirmed after Team B1, C1, D1 and so on, has been confirmed.

4.2 DB11 Open 5km Challenge Crew shall consist of:

- a. Minimum 8 Paddlers+1 Steer **AND** Maximum 10 paddlers+1 Steer, *of any gender*
- b. No Drummer required
- c. Reserve athletes are not necessary
- d. Participation is capped at maximum 30 racing crew (i.e., 30 boats)

4.3 DB11 Women 5km Challenge Crew shall consist of:

- a. Minimum 8 Paddlers+1 Steer **AND** Maximum 10 paddlers+1 Steer, all female
- b. No Drummer required
- c. Reserve athletes are not necessary
- d. Participation is capped at maximum 30 racing crew (i.e., 30 boats)

4.4 DB21 Mixed 10km Challenge Crew shall consist of: -

- a. Minimum 18+1 Steer **AND** Maximum 20 paddlers+1 Steer
- b. Mixed Ratio of Minimum eight(8) and Maximum ten(10), per gender (excluding The Steersperson), i.e., Men:Women:- 8M:10W, 9M:9W, 10M:10W, 10M:8W
- c. Asymmetrical sitting, i.e., 8 men:9 women, is not permitted. This is in the interest of safety as well as to avoid lop-sidedness in the boat as part of minimizing capsizing risk.
- d. No Drummer required.
- e. Reserve athletes are not necessary.
- f. Participation is capped at maximum 30 racing crew (i.e., 30 boats).

4.4 Minimum Age to Race

Minimum age to race is twelve(12) years old but must be accompanied, inside the dragon boat, by a parent or a responsible adult appointed by the parent

4.5 The Steersperson

4.5.1 Qualification of Singapore Teams' Steersperson.:-

- a. SDBA Helm Probationary Letter
- b. SDBA Small Crew Basic Helm (eligible for the DB11 boat only)

- c. SDBA Basic Helm
- d. SDBA Recreational Trainer/Instructor
- e. NROC or NCAP Level 1 / Level 2 Coach
- f. For Overseas Teams, this requirement is waived

4.5.2 No paddle-steering permitted, i.e., The Steer is not permitted to paddle.

4.5.3 A Team may deploy the same Steersperson for both DB11 Open 5km Challenge, DB11 Women 5km Challenge and DB21 Mixed 10km Challenge:-

- a. Provided there is sufficient time for the Steer to move between races.
- b. Once start line has been formed, Starter shall not wait for any Team that is not ready.
- c. Onus on Team to ensure that they are good and ready to race.

4.5.4 The same Steersperson that is deployed for DB11 Open 5km Challenge, DB11 Women 5km Challenge and DB21 Mixed 10km Challenge shall be charged the Entry Fees for all 3 categories.

4.6 Attire & Uniform

All teams are required to be in same jersey/uniform/attire (i.e. same colour, design, etc.). Rash guards, compression-wear and all types of bottoms (i.e. shorts, tights, etc.) are exempted. For teams that are unable to fulfil this requirement are to write in to race@sdba.org.sg for waiver consideration.

5 AVAILABLE TO RACE

5.1 The Team and/or Crew is responsible to make sure that they are ready to race and all their racing crew members are accounted for (i.e. racers and steersperson, etc.), once they have been called upon to embark into their respective dragon boats

5.2 It is incumbent upon Teams to manage their own respective crew(s) and that they have sufficient Racers (paddlers + steerspersons) for all the categories that the Team has registered in.

5.3 Teams participating in multiple categories are advised that there may be back-to-back races.

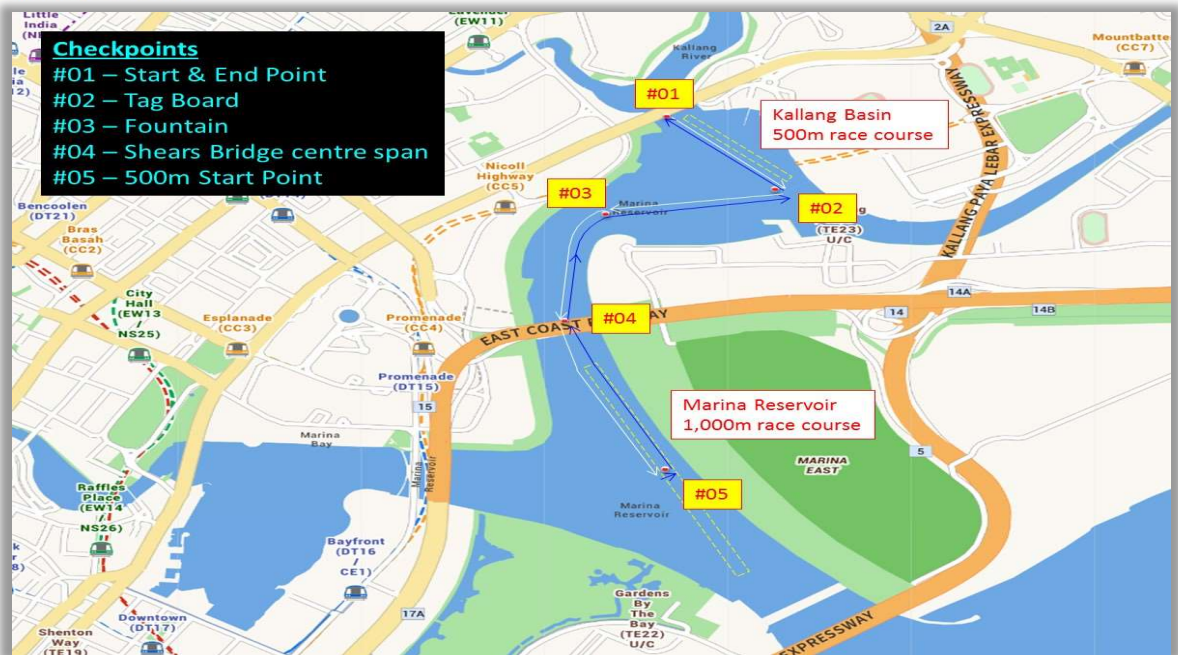
5.4 Teams that have extra racers and would like to combine with other racers from other teams, i.e., 4 paddlers from Team A to join 6 paddlers and steer from Team B and race under Team B's name may do so.

5.5 Alternatively, Team Managers may access <http://forms.gle/7G514oa9umGDzxss7> to arrange for the formation of the Austcham "Barbarian" team.

5.6 Upon the expiry of the prescribed calling time and the Team is still not ready, the Chief Starter / Chief Boat Marshall will declare the said team as a 'no show' and will advise the Chief Official to start the race without the said team.

6 RACE COURSE

6.1 5km race course



6.2 10km race course



7 EQUIPMENT

7.1 Dragon Boats

- Each participating team may use their own IDBF type 912 DB12-crew and/or IDBF Type 1222 DB22-crew dragon boat, complete with rudder.
- The Team may fix up the dragon head and tail onto their own dragon boats.

- c. Teams that do not have their own IDBF type 912 DB12 and/or Type 1222 DB22 dragon boat may rent them from the Singapore Dragon Boat Association at:
 - i. DB12-crew = **S\$54.00 (inclusive 8% GST)** each
 - ii. DB22-crew = **S\$108 (inclusive 8% GST)** each
 - iii. Write-in to race@sdba.org.sg, cc to admin@sdba.org.sg to rent the SDBA dragon boat. There shall be no dragon head and tail provided
 - iv. If the rented SDBA dragon boat has been deliberately damaged by the Hirer, a penalty of SGD\$2,700 (including 8% GST) shall be imposed
- d. Alternatively, Teams without own dragon boats may borrow and/or rent the IDBF type 912 DB12-crew and/or IDBF Type 1222 DB22-crew dragon boats from other Teams.
- e. Overseas Teams
Overseas teams may rent the SDBA's IDBF Type 1222 DB22-crew dragon boats at the fee of \$108 per boat.
- f. It is incumbent upon teams and the responsibility of the Team Manager (either teams that are using their own dragon boats OR teams that rent dragon boats from others) to ensure that the dragon boat is water-worthy (i.e. no leaks, cracks and shall float on an even trim) and is in good condition, ideal for racing.

7.2 ISO Standard or Equivalent Personal Floatation Device (PFD) & IDBF spec.202A Paddles.
Compulsory to use ISO standard or equivalent PFD. Only IDBF Spec 202a racing paddles are permitted.

7.3 Handling

7.3.1 It is the responsibility of every participating team to launch and recover the dragon boats that they are using (regardless their own or rented) by using their own manpower and equipment, from storage to water and back.

7.3.2 Therefore, the dragon boats and equipment must be carefully checked before embarking for a race.

7.3.3 The Organizers will not be held responsible for any dragon boat or equipment failure once a team has embarked and left the pontoon or beach.

8 RACE SCHEDULE

Date	Program
Monday 11/9/2023	- Launch of Entry Rules
Sunday 17/9/2023 to Thursday 21/9/2023	- On-line Registration Opens, 2000hrs - On-line Registration Closes, 1400hrs - Go to registration.sdba.org.sg
Friday 22/9/2023	- Registration Confirmation
Saturday 23/9/2023 to Thursday 28/9/2023	- Payment via Bank Transfer Closes, 1400hrs
Friday 29/9/2023 or Tuesday 10/10/2023 (date to be confirmed later)	- Team Manager Briefing (likely physical meeting) - Venue to be confirm - Drawing of Start Sequence
Saturday 14/10/2023	- Issuing of Bibs for Steersperson, Submission of Crew List & Indemnity Form in hard copies at Kallang Water Sports Centre, 1400hrs - Race Starts at 1430hrs

Saturday 14/10/2023 DB11 Open 5km Challenge & DB11 Women 5km Challenge	<ul style="list-style-type: none"> - 1400hrs: TM to Report to Kallang Water Sports Centre - 1400hrs: Launch boat and assembly at Nursery Beach, - 1425hrs: DB11 Open Report to Start Line - 1430hrs: Race Start - 1500hrs: Cut off race time for DB11 Open - 1525hrs: DB11 Women Report to Start Line - 1530hrs: Race Start - 1600hrs: Cut off race time for DB11 Women
Saturday 14/10/2023 DB21 Mixed 10km Challenge	<ul style="list-style-type: none"> - 1500hrs: Report to Kallang Water Sports Centre, - 1530hrs: Launch boat and assembly at Nursery Beach - 1615hrs: DB21 Mixed Report to Start Line - 1630hrs: Race Start - 1745hrs: Cut off race time for DB21 Mixed
Saturday 14/10/2023	<ul style="list-style-type: none"> - 1745hrs to 1845hrs: Contingency Time Buffer, Prize Presentation - 1900hrs: After Party at Hero's Pub in Boat Quat

9 AWARDS

- 9.1 Challenge Plate shall be awarded to the winning team for both categories.
- a. The winning team's name will be engraved on the 10km Challenge Plate & 5km Challenge Plate and will retain possession of it until the following year when the next AustCham 10km Challenge is again held.
 - b. In the event an overseas team comes in as champion, the team's name will be engraved on the plate **BUT** SBDA will hold possession of the plate.
- 9.2 Medals will be awarded to top 3 positions of each category.
- 9.3 There will also be Cash Prizes for the top 3 positions of each category

Category \ Finishing Position	Champion (Gold)	2 nd Placing (Silver)	3 rd Placing (Bronze)
DB11 Open 5km Challenge	\$250.00	\$150.00	\$100.00
DB11 Women 5km Challenge <i>(New!!!)</i>	\$250.00	\$150.00	\$100.00
DB21 Mixed 10km Challenge	\$500.00	\$300.00	\$200.00

10 ENTRY FEES

Category \ Fee & Rates	Entry Fee Per Pax (including 8% GST)		Dragon Boat rental fee
	Affiliate / Associate Rate	Non – Affiliate / Associate Rate	
DB11 Open 5km Challenge	\$27.00	\$43.20	\$54.00
DB11 Women 5km Challenge <i>(New!!!)</i>	\$27.00	\$43.20	\$54.00
DB21 Mixed 10km Challenge	\$27.00	\$43.20	\$108.00

11 ON-LINE REGISTRATION, SUBMISSION OF CREW LIST & INDEMNITY FORM

- 11.1 To register for either or both Austcham-SDBA Dragon Boat Challenge racing categories, go to <https://registration.sdba.org.sg> according to the date and time stipulated in the race Event Schedule

- 11.2 SDBA will email the Manual Crew List and Indemnity Form once the team's registration is confirmed. Team Managers are to submit these 2 forms on Race Day from 1400hrs at Kallang Water Sports Centre.

12 FINISHER TEE-SHIRT & POST EVENT PARTY

Information regarding the order of the Tee will be made known later.

The Post Event Party will be at:

Hero's Bar
69, Circular Road
#01-01, Boat Quay
Singapore 049423

13 ALTERATIONS TO CREW LIST & WITHDRAWALS

- 13.1 There should be no need for amendments as teams are submitting their Crew Lists prior to racing.
- 13.2 If teams forgot to bring their Crew Lists or Indemnity Forms and require a hard copy, a fee of SGD\$50 may be imposed for printing the document.
- 13.3 Entry fees and dragon boat rental fees are not refundable should the Team withdraw after the payment deadline, except where an application has been refused.

14 PROTESTS & APPEAL

- 14.1 All protest for infringement during the race must be lodged **only** by the Team Manager, not later than 15 minutes after the last competitor involved in the incident has completed the race.
- 14.2 All protest shall be made in writing and be accompanied by a fee of **S\$50.00 (inclusive of 8% GST)** each.
- 14.3 The fee will be refunded only if the protest is upheld.

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